

linoleic acid and α -linoleic acid is above 0.4;

fraction b) consisting of phospholipids, containing at least two different phospholipids selected from the group consisting of phosphatidylserine, phosphatidylinositol, phosphatidylcholine and phosphatidylethanolamine; and

β^1 fraction c) consisting of compounds which are a factor in methionine metabolism, containing at least one member selected from the group consisting of folic acid, vitamin B12, vitamin B6, magnesium and zinc.

[Amend claim 20 as follows:]

20. (amended) A preparation according to claim 19, further comprising a fraction d) consisting of citrates or citric acid.

Amend claim 22 as follows:

22. (amended) A preparation according to claim 19, wherein fraction a) consists of Ω -3 and Ω -6 fatty acids.

β^2 [Amend claim 23 as follows:]

23. (amended) A preparation according to claim 22, wherein Ω -3 fatty acids are selected from the group consisting of EPA and DHA and the Ω -6 fatty acids are selected from the group consisting of AA and DHGLA.

Add the following new claims:

34. (new) A preparation according to claim 19, wherein said fraction a) of long chain polyunsaturated fatty acids contain Ω -3 and Ω -6 fatty acids wherein the ratio of Ω -3 to Ω -6 fatty acids is about 2.5 to 5.5 wt/wt.

35. (new) A preparation for the prevention/treatment of dementia syndromes, cognitive degeneration or hearing loss, comprising the following fractions:

B³
fraction A) consisting of long chain polyunsaturated fatty acids, wherein said fraction of long chain polyunsaturated fatty acids contains Ω -3 and Ω -6 fatty acids wherein the ratio of Ω -3 fatty acids to Ω -6 fatty acids is about 2.5 to 5.5 wt/wt;

fraction B) consisting of phospholipids, containing at least two different phospholipids selected from the group consisting of phosphatidylserine, phosphatidylinositol, phosphatidylcholine and phosphatidylethanolamine; and

fraction c) consisting of compounds which are a factor in methionine metabolism, containing at least one member selected from the group consisting of folic acid, vitamin B12, vitamin B6, magnesium and zinc.

36. (new) A preparation according to claim 35, further comprising a fraction d) consisting of citrates or citric acid.